

## Life Sunday Catechesis for Elementary School Students “Respecting Elders- Love in Families/Elderly love”

**Expected Time:** 20-30 minutes

**Materials:** Handout, Crayons Age-appropriate Bible

**Media:** Youtube (TV/Projector)

**Prayer:** Our Father, Hail Mary, Glory Be

**Bible Verse:** “Listen to your father who gave you life, and do not despise your mother when she is old” (Proverbs 23:22 )

### Summary

- We need to always respect our elders whether or not it’s our parents. One day we will also grow up and might expect likewise.
- Take the time to listen to their experiences and wisdom to grow in knowledge.
- If you take the time to listen to them, you will see that many elderly people are humorous, informative, and exciting.
- Never forget to take care of your elders helping them with what they need and always be gentle showing loving kindness.

### **Ways to respect your elders:**

- Give elderly people your time and assistance. Visit them in nursing homes with parents.
- Use manners when speaking to them. For example, avoid the use of slang.
- Listen to them. Listen to stories about their life.
- Be patient with them and be a friend.

### **What does the Bible say?**

Listen to your father who gave you life, and do not despise your mother when she is old. (Proverbs 23:22 )

### **Questions:**

1. What does it mean to honor my father and mother?
2. What does the Bible say about obeying parents?
3. What does the Bible say about caring for our old parents?
4. How does the Bible define a good Christian family?

### **Video & Discussion:**

- <https://goo.gl/CpMF4U> → Respect elders
- <https://goo.gl/3f7Qcc> → Respecting others

### **Activity:**

- Do an exercise of looking at the different stages of life. All stages are equally important to God.
- Ask how big they were when they were born, or what do they think their parents will look like when they get older.
- Ask if any stage is more important than another.
- The teacher bring in pictures of his/her development (i.e., pictures as a baby, adolescent, adult, etc); teacher could also possibly bring pictures of his/her grandparents to show the elderly stage of life.
- If they have grandparents, create a card for them, send it abroad or call/visit them. Otherwise write a letter for the elderly or visit them at an old age home.

**Closing Prayer:** Our Father, Hail Mary and Glory be



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